

Q&A Beauty

Our experts are on hand to deal with your problems

Our panel of experts



Sarah Brock, director of make-up artistry for Daniel Sandler and an award-winning make-up artist who won the National Wedding Industry Awards in the beauty category. Contact: 07976 064 143 www.sarahmakeup.co.uk



Luci Foreman specialises in bridal hair and make-up in the Bristol and Somerset area. She has worked for a number of top industry magazines and events, including Vogue, Tatler, Vanity Fair, Elle, Cannes Film Festival and London Fashion Week and currently runs her own salon in Taunton. Contact: 01823 322 234 www.luciforeman.com

Long-lasting Lashes

Q I want to apply a few false lashes for my wedding, but I am worried that I may not have time to do this on the day – do you have any suggestions?

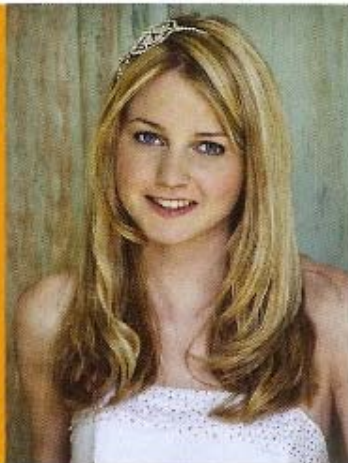
A *Sarah says:* Yes, I do – you can buy a box of individual lashes, which come in different lengths and last up to four weeks. The glue is stronger than regular eyelash glue, which means you could practice and apply them the week before the wedding, so they are ready on the day. The product is made by Eylure and comes with full instructions. Stockists include Boots.



Healthy Glow

Q My skin has been looking quite dull and I was wondering if you have any tips I can apply to look radiant?

A *Sarah says:* If you are applying your own make-up, I would recommend that you have a lesson with a professional make-up artist, so you can learn how to do it perfectly. There is a fabulous product that I use underneath foundation called Dermadogma Day Bright (www.dermadogma.co.uk), which brightens, illuminates and protects your skin. It is a great base for makeup.



Wash & Go

Q Should I wash my hair the night before my wedding?

A *Luci says:* Yes – the last thing you want on the day is dirty hair. It is also important that you use a leave-in conditioner, which won't weigh the hair down or make it too soft for styling. I think we all feel better when we have clean hair. Lastly, when your stylist has finished, ask for some spray shine so that it looks, feels and smells great.

WAXING LYRICAL

Q I have a few hairs on my top lip – what would you recommend?

A *Luci says:* If you have a good make-up artist they will analyze your face before applying make-up. When I'm working with a bride, I firstly check the eyebrows for shape and always advise having them waxed a few days before. Secondly, I look at the eyelashes to see whether they need to be tinted. Having them dyed blue-black helps to give them great depth. Thirdly, I see whether the top lip needs waxing. If you have a few hairs it's a good idea to get it waxed as it will give your make-up a better finish. Don't feel embarrassed – I bet your friends have all done the same!

Smoke Gets in Your Eyes

Q I normally wear a lot of eye make-up and would love to have smoky eyes on my wedding day, but I'm worried it will look too much. Do you have any ideas?

A *Sarah says:* Not all brides want a natural look, so here are my tips for stunning smoky eyes. Firstly, make sure you apply loose powder to your eyelid after foundation then apply your eyeshadow. I love Daniel Sandler sheer satin shadow in Thunder (www.danielsandler.com), which is a shimmering grey colour. Apply this over the eyelid and run a small amount under the eye. Use a charcoal eyeliner for the top and bottom lashes. Blend well and always apply a highlighter just under the brow bone to make eyes 'pop'.



Get a question? Write to us at 'Beauty Q&A', Your Bristol & Somerset Wedding, Broasley House, Newlands Drive, Witham, Essex CM8 2UL. Alternatively email your question to editor@countyweddingmagazines.com