

## Q&A Fashion & Beauty

Our experts answer your dilemmas...

### Our panel of experts



**Susan Bradfield**  
Daniel Sandler make-up artist. To contact Susan, call 07903 880 524 or visit [www.susanbmakeup.co.uk](http://www.susanbmakeup.co.uk)



**Abigail Neill**  
Bridal retailer  
Contact: 01206 574 575 or visit the website [www.abigailscollection.co.uk](http://www.abigailscollection.co.uk)



**Katrina Shortland**  
Hairdresser, make-up artist and beauty therapist  
Visit the website [www.katrinabridalbeauty.co.uk](http://www.katrinabridalbeauty.co.uk)

[www.theweddingphotographer.co.uk](http://www.theweddingphotographer.co.uk)



### STYLE GUIDE

**Q** A friend asked if I'm going to bustle my dress. What does this mean and should I have it done?

**A** *Abigail says:* A wedding dress "bustle" describes the way in which the train is lifted at the back and temporarily attached using either hooks and eyes or a button and loop – that's called an "over bustle". Alternatively, ribbons can be attached underneath the train and tied together for an "under bustle". Both are usually added at the alterations stage. Some brides find dancing in a bustled dress easier for evening celebrations but many like to swish around and show their train off all night; after all, when do you get to wear it again?

### NO MATTER HOW BIG OR SMALL

**Q** I'm having four bridesmaids who are all different sizes, from a size eight to a size 20. I want them all to feel happy but what style of dress should I look for?

**A** *Abigail says:* A floor-length A-line dress with asymmetric ruching at the waist will complement most shapes. It will give waist definition to an apple shape, hide the hips of a pear shape and will help to show off a slim waist too. Alfred Angelo's style no 6493 (shown here) is a great example of a well-structured and versatile design that should suit most shapes. Another option is for the girls to each choose a different dress from the same range and in the same colour. This can work really well but I suggest choosing a similar length for all four dresses.



### BRONZED AND BEAUTIFUL

**Q** I am getting married abroad and will be applying my own make-up on the day. I don't feel very confident about doing this, and I'm particularly worried about finding the right shade of foundation. What do you suggest?

**A** *Susan says:* For your foundation I would suggest using a tinted moisturiser with an SPF. To get the best colour match you should test the product along your jawline; the right match for you will be the colour that virtually disappears. If you are going to be abroad for a few days before the wedding, then you'll need to take your tan into consideration. Buy two shades of tinted moisturiser – the first shade should be your closest match and the second should be one shade darker. As your skin begins to tan then you can mix the darker shade and your natural shade together, repeating the same test on the jawline. This way you will be sure to have the right colour whilst you are away!

I would also recommend booking a bridal make-up lesson with a make-up artist before you go. This will really give you the confidence you need and you'll achieve a professional look on the day.

### SHAPING UP

**Q** I've got quite a round face and long, straight hair. How should I wear my hair for my wedding in order to slim down my chubby cheeks?

**A** *Katrina says:* Choosing the right style for your wedding will instantly play up your best features and help minimise any you don't like. If you fancy putting your hair up, I would recommend you opt for an updo that has lots of height at the crown, which will help to elongate your face.



Got a question? Write to us at 'Fashion & Beauty Q&A', Your Herts & Beds Wedding, Braseley House, Newlands Drive, Witham, Essex CM8 2UL. Alternatively email your question to [editor@countyweddingmagazines.com](mailto:editor@countyweddingmagazines.com)



### The eyes have it!

For special occasions when you really want your eyes to have the 'wow' factor try Daniel Sandler's Special Effects Shadows, Eye Love It. The waterproof cream-to-powder formula is quick and easy to apply, with a striking stay-put eye colour that lasts all day! This essential make-up bag item is priced at £9.50. For further information visit the website [www.danielsandler.com](http://www.danielsandler.com) or call 01923 845 371.



### SKINCARE SECRETS

Say goodbye to spot outbreaks and soothe skin with a good skincare regime from Witch skincare products. Suitable for all skin types and ideal for combination/oily skin, Witch's products will leave you with healthy skin for your big day. Witch Skincare has highlighted three products that will become invaluable for any bride-to-be: the Witch Stick is the ultimate in blemish control; the Witch Concealer not only covers blemishes with a silky, matt finish but is medicated to fight bacteria; Witch's Natural Sunshine tanning moisturiser will soften your skin while building up a gradual sun-kissed look. The Witch stick is available for £3.09, the concealer is priced at £4.99 and the Sunshine moisturiser is priced at £3.99. The range is available from all leading supermarkets, Boots and Superdrug stores nationwide.

# beauty news

Beauty and pampering essentials for the bride-to-be



### All day glamour

Clinique's new long-last bronzing summer range will ensure your make-up stays put all day long, which is essential if you want your bridal look to last from morning to night. With new shimmering powders for the face, and striking mascaras for the eyes, you are sure to be spoilt for choice when choosing your wedding make-up. The range starts from £12. For stockist details call 0870 034 2566 or take a look at the website at [www.clinique.co.uk](http://www.clinique.co.uk).

### HAIR FLAIR

With Monofibre hair extensions you can achieve that dream wedding hair look. Monofibre has no chemicals, acetones or glues! The extensions are attached to the root of the hair with heat, sealing them in place. An exact colour match can be made, as the stylist will blend different colours of Monofibre, tailor-making it to suit you. It can also be used purely for highlights and lowlights; the choice is yours. Monofibre will not fade through sunlight, swimming or heat, therefore making them perfect for your honeymoon too. Monofibre hair extensions last for three to four months and prices start from £195. Call 0800 298 7780 to find a salon in your area.

